



Community Connection Hub

CHILDREN HAVE A STRONG SENSE OF WELLBEING

Wellbeing is defined in *Being, Belonging and Becoming* as:

“Sound wellbeing results from the satisfaction of basic needs - the need for tenderness and affection; security and clarity; social recognition; to feel competent; physical needs and for meaning in life. This includes happiness and satisfaction, effective social functioning and a disposition of optimism, openness, curiosity and resilience.”

(p. 46. Being Belonging and Becoming, the Early Years Learning Framework for Australia Commonwealth of Australia 2009.)

- What if a sense of wellbeing is not occurring for a child?
- What if educators are concerned about the child's mental health?
- What is mental health?
- How does this impact on the child and their wellbeing, on families and educators?



The ACT Inclusion Support Agency invites you to a free Community Connection Hub that will provide insight into the issues surrounding wellbeing and mental health.

DATE: Thursday 12 May 2011
10.00 am - 12.30 pm

VENUE: Therapy ACT
Corner of Weingarth Street and
Blackwood Terrace, Holder

LUNCH INCLUDED

For more information and to register
Phone: **1800 228 772** or **(02) 6287 3330**
Email: inclusion@commsatwork.org



It's about you. Always!
Communities@Work